



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:20:38	Rosenberg, Sebastian	728		Moerser TV 1850	1991	1	MJugA	03:26,3
2		2	00:21:59	Nöh, Burkhard	729		Moerser TV 1850	1988	1	MHK	03:39,8
3		3	00:23:45	Schmidt, Wolfgang	870		Moerser TV	1957	1	M50	03:57,5
4		4	00:24:08	Lehmann, Volker	760		Moers	1963	1	M45	04:01,3
5		5	00:24:24	Ramacher, Lutz	851			1971	1	M35	04:04,0
6		6	00:24:32	Siever, Yannick	786		Neukirchen-Vluyn	1997	1	MJugB	04:05,3
7		7	00:24:34	Leurs, Christian	753		TSV Nieukerk	1994	2	MJugB	04:05,6
8		8	00:24:37	Essmeier, Stefan	899			1994	3	MJugB	04:06,1
9		9	00:24:38	Autrata, Niels	181		Moerser TV 1850	1994	4	MJugB	04:06,3
10		10	00:25:15	Schubbert, Michael	891		BSG Stadtwerke Duisburg	1969	1	M40	04:12,5
11		11	00:25:27	Mensing, Stefan	69		TSV Nieukerk	1969	2	M40	04:14,5
12		12	00:25:45	Coppus, Paul	6		Atletico ANPACO	1952	1	M55	04:17,5
13		13	00:26:06	Meinhardt, Yann	927		SV Neukirchen-Handball	1996	5	MJugB	04:21,0
14		14	00:26:07	Eisele, Lukas	504		Neukirchen-Vluyn	1996	6	MJugB	04:21,1
15		15	00:26:13	Schröer, Luca	99		TuS Preussen Vluyn 09	1998	7	MJugB	04:22,1
16		16	00:26:13	Autrata, Malte	182		SC Bayer 05 Uerdingen	1997	8	MJugB	04:22,1
17	W	1	00:26:27	Wochnik, Corinna	660		Landessportbund NRW	1986	1	WHK	04:24,5
18		17	00:26:38	Schowaneck, Markus	387		Hottes Fitnessclub	1978	1	M30	04:26,3
19		18	00:26:43	Gütte, Peter	907		Moerser TV	1960	2	M50	04:27,1
20		19	00:26:53	Rothermel, Thomas	885		LAZ Mönchengladbach	1964	2	M45	04:28,8
21		20	00:27:09	Turp, Ali	912		VfB Homberg	1996	9	MJugB	04:31,5
22		21	00:27:19	Reimann, Lutz	668		Feuerwehr Neukirchen-Vlu	1965	3	M45	04:33,1
23	W	2	00:27:29	Hümbts, Marie	58		AS Neukirchen-Vluyn	1994	1	WJugB	04:34,8
24		22	00:27:47	Günner, Carsten	796		Moers	1967	3	M40	04:37,8
25		23	00:27:48	Arning, Michael	518		Castrop-Rauxel	1965	4	M45	04:38,0
26		24	00:27:52	Torz, Jan	779		Moers	1967	4	M40	04:38,6
27		25	00:27:53	Thomas, Jan	768		Essen	1971	2	M35	04:38,8
28		26	00:27:53	Reimers, Miguel	31		Neukirchen-Vluyn	1998	10	MJugB	04:38,8
29		27	00:27:55	Kleindt, Jonas Sydney	735		VfL Repelen 08	1996	11	MJugB	04:39,1
30	W	3	00:27:59	Beutel, Katrin	920		Moerser SC	1999	2	WJugB	04:39,8
31		28	00:28:06	Wenz, Lukas	665		Neukirchen-Vluyn	1998	12	MJugB	04:41,0
32	W	4	00:28:08	Görigk, Silvia	681		Wedau-Runner Duisburg	1967	1	W40	04:41,3
33		29	00:28:08	Kneilmann, Andreas	769		Neukirchen-Vluyn	1966	5	M40	04:41,3
34		30	00:28:09	Dünwald, David	533		Laufftreff Condor	1995	13	MJugB	04:41,5
35		31	00:28:10	Pommerening, Max	844			2000	14	MJugB	04:41,6
36	W	5	00:28:13	Paulsen, Heike	81		TRC Essen 84	1967	2	W40	04:42,1
37		32	00:28:22	Horstmann, Henning	588		Neukirchen-Vluyn	1962	5	M45	04:43,6
38		33	00:28:23	Steffen, Eduard	353		Neukirchen-Vluyn	1970	6	M40	04:43,8
39		34	00:28:24	Voß, Martin	674		Neukirchen-Vluyn	1970	7	M40	04:44,0
40	W	6	00:28:28	Müller, Katharina	135		AS Neukirchen-Vluyn	1999	3	WJugB	04:44,6
41		35	00:28:41	Calmes, Michael	531		Laufftreff Condor	1961	6	M45	04:46,8
42		36	00:28:47	Banowski, Jürgen	909		Team Erdinger Alkohlfrei	1972	3	M35	04:47,8
43	W	7	00:28:52	van Haren, Simone	864		AS Neukirchen-Vluyn	1971	1	W35	04:48,6
44	W	8	00:28:53	Voß, Laura	412		SC Bayer 05 Uerdingen	1996	4	WJugB	04:48,8
45		37	00:29:00	Hessels, Arne	747		Neukirchen-Vluyn	1966	8	M40	04:50,0
46		38	00:29:07	Schneider, Michael	678		Neukirchen-Vluyn	1967	9	M40	04:51,1
47		39	00:29:11	Pommerening, Joerg	843			1965	7	M45	04:51,8
48	W	9	00:29:12	Marchionna, Laura	755		Moerser TV 1850	1993	5	WJugB	04:52,0
49		40	00:29:18	Mielchen, Jonathan	170		Neukirchen-Vluyn	2000	15	MJugB	04:53,0
50	W	10	00:29:25	Schöneich, Anna	609		Neukirchen-Vluyn	1998	6	WJugB	04:54,1
51		41	00:29:29	Babic, Robert	889		Srbija	1969	10	M40	04:54,8
52	W	11	00:29:34	Eichhöfer, Svea	491		Neukirchen-Vluyn	1999	7	WJugB	04:55,6
53		42	00:29:50	Kozlowski, Michael	528		www.laufen-in-moers.de	1968	11	M40	04:58,3
54		43	00:29:52	Keienburg, Jörg	529		www.laufen-in-moers.de	1967	12	M40	04:58,6
55		44	00:29:55	Baumgarten, Stefan	797		Aktive Gesundheitspartner	1957	3	M50	04:59,1
56		45	00:30:00	Vienne, Pierre	457		Partnerstadt Mouvaux	1963	8	M45	05:00,0
57	W	12	00:30:02	Querl, Ulrike	679		Neukirchen-Vluyn	1968	3	W40	05:00,3
58		46	00:30:08	Hechtel, Dirk	102		Rheurdt läuft	1966	13	M40	05:01,3
59		47	00:30:10	Voß, Andreas	824			1964	9	M45	05:01,6
60	W	13	00:30:11	Glunz, Monika	809		Alpen	1964	1	W45	05:01,8



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
61	W	14	00:30:11	Meis, Marita	886		LAZ Mönchengladbach	1955	1	W55	05:01,8
62	W	15	00:30:12	Rink, Sandra	704		AS Neukirchen-Vluyn	1966	4	W40	05:02,0
63	W	16	00:30:13	Parlesak, Laura	670		Feuerwehr Neukirchen-Vlu	1984	2	WHK	05:02,1
64		48	00:30:15	Martin, Thymo	813		Neukirchen-Vluyn	1970	14	M40	05:02,5
65	W	17	00:30:17	Kuhn, Petra	567		Sparkasse am Niederrhein	1962	2	W45	05:02,8
66		49	00:30:22	Wolf, Tobias	439		HTI Running Pipes	1984	2	MHK	05:03,6
67	W	18	00:30:23	Tersteegen, Gudrun	424		AS Neukirchen-Vluyn	1967	5	W40	05:03,8
68	W	19	00:30:33	Banowski, Silke	908		Team Erdinger Alkohlfrei	1971	2	W35	05:05,5
69		50	00:30:38	Coppus, John	890		Wilco	1945	1	M65	05:06,3
70		51	00:30:46	Kardalinos, Michael	816		Weyhe	1996	16	MJugB	05:07,6
71	W	20	00:30:51	Herholz, Silja	275		AS Neukirchen-Vluyn	1999	8	WJugB	05:08,5
72		52	00:30:51	Herholz, Volkmar	517		AS Neukirchen-Vluyn	1967	15	M40	05:08,5
73		53	00:31:15	Bunzeck, Lukas	449		THW Duisburg	1996	17	MJugB	05:12,5
74		54	00:31:17	Zemke, Udo	904		LG Alpen	1948	1	M60	05:12,8
75		55	00:31:17	Pflugrad, Tobias	761		AS Neukirchen-Vluyn	1998	18	MJugB	05:12,8
76	W	21	00:31:17	Dautzenberg, Lena	364		Kempfen	1995	9	WJugB	05:12,8
77		56	00:31:20	Eisele, Klaus	505		Neukirchen-Vluyn	1963	10	M45	05:13,3
78		57	00:31:22	Hilgers, Hendrik	108		AS Neukirchen-Vluyn	1998	19	MJugB	05:13,6
79	W	22	00:31:23	Blitgen-Heinecke, Petra	854			1959	1	W50	05:13,8
80	W	23	00:31:23	Hilgers, Birgit	109		AS Neukirchen-Vluyn	1969	6	W40	05:13,8
81	W	24	00:31:26	Falk, Jutta	798		Aktive Gesundheitspartner	1963	3	W45	05:14,3
82	W	25	00:31:30	Gorres, Ariana	694		Neukirchen-Vluyn	2000	10	WJugB	05:15,0
83		58	00:31:32	Kirschbaum, Tim	805		Neukirchen-Vluyn	1998	20	MJugB	05:15,3
84		59	00:31:35	Hubbert, Michael	433		HTI Running Pipes	1970	16	M40	05:15,8
85		60	00:31:42	Milkereit, Dennis	666		Feuerwehr Neukirchen-Vlu	1982	3	MHK	05:17,0
86		61	00:31:42	Reimers, Bernold	47		Neukirchen-Vluyn	1971	4	M35	05:17,0
87		62	00:31:49	Busch, Hartmut	902			1958	4	M50	05:18,1
88		63	00:31:50	Kallen, Stefan	882			1984	4	MHK	05:18,3
89		64	00:31:50	Gürsel, Ilgün	790		Neukirchen-Vluyn	1949	2	M60	05:18,3
90		65	00:31:52	Hirt, Robin	913			1991	2	MJugA	05:18,6
91	W	26	00:31:55	Lenßen, Melissa	637		Neukirchen-Vluyn	1988	3	WHK	05:19,1
92	W	27	00:31:55	Freund, Simone	548		TV Ufort-Eick	1978	1	W30	05:19,1
93		66	00:31:56	Hill, Tim	638		Moers	1986	5	MHK	05:19,3
94		67	00:32:01	Schöneich, Matthias	608		Neukirchen-Vluyn	2000	21	MJugB	05:20,1
95		68	00:32:02	Schöneich, Hanns-Georg	610		Neukirchen-Vluyn	1956	5	M50	05:20,3
96		69	00:32:10	Stenzel, Patrick	697		Neukirchen-Vluyn	1993	22	MJugB	05:21,6
97	W	28	00:32:12	Hahn, Stefanie	142		Düsseldorf	1980	2	W30	05:22,0
98		70	00:32:14	Kardalinos, Vassilios	815		Weyhe	1965	11	M45	05:22,3
99	W	29	00:32:18	Hörnemann, Nicole	169		Neukirchen-Vluyn	1975	3	W35	05:23,0
100		71	00:32:18	Reese, Jon	207		Neukirchen-Vluyn	1998	23	MJugB	05:23,0
101		72	00:32:19	Kössl, Jo	114		AS Neukirchen-Vluyn	1964	12	M45	05:23,1
102		73	00:32:20	Mensing, Philipp	70		TSV Nieukerk	1995	24	MJugB	05:23,3
103		74	00:32:25	Mensing, Patrick	71		TSV Nieukerk	1997	25	MJugB	05:24,1
104		75	00:32:30	Merks, Peter	659		Landessportbund NRW	1965	13	M45	05:25,0
105		76	00:32:31	Ravens, Werner	903		LG Alpen	1950	3	M60	05:25,1
106	W	30	00:32:31	von Eicken, Laura	595		Rheurdt	1994	11	WJugB	05:25,1
107	W	31	00:32:33	Neutzling, Greta L.	583		Neukirchen-Vluyn	1999	12	WJugB	05:25,5
108		77	00:32:33	Tersteegen, Torben	422		SG Neukirchen-Vluyn	2000	26	MJugB	05:25,5
109	W	32	00:32:38	Holfort, Eva	151		Neukirchen-Vluyn	1973	4	W35	05:26,3
110	W	33	00:32:42	An der Heiden, Lisa	112		Moers	2000	13	WJugB	05:27,0
111		78	00:32:49	Stieber, Niclas	724		Moers	1994	27	MJugB	05:28,1
112		79	00:32:53	Lehmann, Felix	910		SV Rheurdt	1999	28	MJugB	05:28,8
113		80	00:33:00	Kanitz, Nico	534		Laufftreff Condor	1995	29	MJugB	05:30,0
114		81	00:33:08	Ramacher, Jochen	831			1966	17	M40	05:31,3
115	W	34	00:33:09	Provost, Christiane	456		Partnerstadt Mouvaux	1951	2	W55	05:31,5
116	W	35	00:33:12	Weiskircher, Maren	648		Neukirchen-Vluyn	1994	14	WJugB	05:32,0
117		82	00:33:27	Piepers, André	873			1983	6	MHK	05:34,5
118		83	00:33:38	Oberhoff, Stephan	442		HTI Running Pipes	1963	14	M45	05:36,3
119		84	00:33:42	Porzelt, Hendrik	639		Krefeld	1995	30	MJugB	05:37,0
120		85	00:33:45	Lepers, Didier	458		Partnerstadt Mouvaux	1946	4	M60	05:37,5



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
121	W	36	00:33:53	Haffmann, Jannika	296		Moers	1995	15	WJugB	05:38,8
122	W	37	00:33:57	Eisele, Karolin	503		Neukirchen-Vluyn	1994	16	WJugB	05:39,5
123		86	00:34:02	Pliskat, Ernst	362		Neukirchen-Vluyn	1962	15	M45	05:40,3
124	W	38	00:34:03	Tersteegen, Sabrina	423		SG Neukirchen-Vluyn	1998	17	WJugB	05:40,5
125	W	39	00:34:03	van Koeverden, Sandra	858			1978	3	W30	05:40,5
126		87	00:34:04	Pompetzki, Thomas	680		Neukirchen-Vluyn	1974	5	M35	05:40,6
127	W	40	00:34:08	Süselbeck, Anna	570		Sparkasse am Niederrhein	1977	4	W30	05:41,3
128		88	00:34:11	Dicks, Hans-Peter	128		Neukirchen-Vluyn	1954	2	M55	05:41,8
129		89	00:34:19	Rink, Stefan	705		AS Neukirchen-Vluyn	1959	6	M50	05:43,1
130		90	00:34:24	Schulte, Hermann	498		Rheurd	1954	3	M55	05:44,0
131	W	41	00:34:30	Büchel, Elke	23		Sambaflitzer	1960	2	W50	05:45,0
132		91	00:34:30	Möller, Norbert	856			1965	16	M45	05:45,0
133	W	42	00:34:36	Schultz-Bielenberg, Karin	726		LG Schaephuysen	1968	7	W40	05:46,0
134	W	43	00:34:36	Reimann, Kathrin	925		Feuerwehr Neukirchen-Vlu	1995	18	WJugB	05:46,0
135	W	44	00:34:37	Reimers, Laura	33		Neukirchen-Vluyn	1997	19	WJugB	05:46,1
136		92	00:34:42	Freund, Ulli	825		TV Ufort-Eick	1951	4	M55	05:47,0
137	W	45	00:34:45	Dörpinghaus, Helga	550		TV Ufort-Eick	1947	1	W60	05:47,5
138		93	00:34:48	Katzor, Uwe	301		Moers	1964	17	M45	05:48,0
139	W	46	00:34:49	Altenschmidt, Melina	924		Feuerwehr Neukirchen-Vlu	1997	20	WJugB	05:48,1
140		94	00:34:57	Falk, Thorsten	799		Aktive Gesundheitspartner	1962	18	M45	05:49,5
141	W	47	00:34:57	Becker, Bettina	866		AS Neukirchen Vluyn	1970	8	W40	05:49,5
142		95	00:34:59	Schünemann, Thomas	716		Kamp-Lintfort	1964	19	M45	05:49,8
143	W	48	00:35:02	Klinger, Isa	144		KSK Bayer-Uerdingen	1997	21	WJugB	05:50,3
144		96	00:35:02	Siever, Hartmut	785		Neukirchen-Vluyn	1960	7	M50	05:50,3
145		97	00:35:05	Milkereit, Rainer	667		Feuerwehr Neukirchen-Vlu	1954	5	M55	05:50,8
146	W	49	00:35:11	Hoyer, Johanna	766		DLRG	1993	22	WJugB	05:51,8
147	W	50	00:35:12	Heintel, Franziska	781		Neukirchen-Vluyn	1993	23	WJugB	05:52,0
148	W	51	00:35:12	Falkowski, Lea	145		KSK Bayer-Uerdingen	1996	24	WJugB	05:52,0
149	W	52	00:35:13	Strunk, Corinna Sina	672		Neukirchen-Vluyn	1999	25	WJugB	05:52,1
150		98	00:35:18	Bunde, Sebastian	441		HTI Running Pipes	1985	7	MHK	05:53,0
151		99	00:35:20	Strüver, Thomas	435		HTI Running Pipes	1979	2	M30	05:53,3
152	W	53	00:35:22	Fetzer, Karin	171		Bündnis 90 / Die Grünen	1959	3	W50	05:53,6
153		100	00:35:25	Quade, Thomas	481		Mausegatt Runners	1966	18	M40	05:54,1
154	W	54	00:35:26	Vaitl, Sigrid	783		Moers	1952	3	W55	05:54,3
155		101	00:35:27	Hoffmann, Ralf	41		CVJM Neukirchen	1973	6	M35	05:54,5
156	W	55	00:35:36	de Jong, Lucienne Martin	767		Rheurd	1976	5	W30	05:56,0
157		102	00:35:37	Gnajda, Andreas	878			1951	6	M55	05:56,1
158	W	56	00:35:47	Rensen, Martina	773		Neukirchen-Vluyn	1966	9	W40	05:57,8
159		103	00:35:47	Kaesgen, Stefan	2		Neukirchen-Vluyn	1968	19	M40	05:57,8
160		104	00:35:51	Ruthmann, Timo	28		AS Neukirchen-Vluyn	1994	31	MJugB	05:58,5
161		105	00:35:51	Rentel, Hannes	358		AS Neukirchen-Vluyn	2002	32	MJugB	05:58,5
162	W	57	00:35:54	Rothermel, Kathi	883		LAZ Mönchengladbach	1956	4	W50	05:59,0
163		106	00:36:00	Piechatzek, Edmund	477		LC Duisburg	1955	7	M55	06:00,0
164	W	58	00:36:00	Jaschke, Marion	67		Neukirchen-Vluyn	1966	10	W40	06:00,0
165		107	00:36:21	Suhr, Frank	744		Moers	1959	8	M50	06:03,5
166		108	00:36:26	Czerwinski, Christian	139		Neukirchen-Vluyn	1974	7	M35	06:04,3
167	W	59	00:36:28	Ittermann, Kristina	285		Neukirchen-Vluyn	1996	26	WJugB	06:04,6
168		109	00:36:38	Deckwerth, Frank	434		HTI Running Pipes	1975	8	M35	06:06,3
169	W	60	00:36:38	Kühl-Tursic, Yvonne	436		HTI Running Pipes	1971	5	W35	06:06,3
170		110	00:36:43	Wagener, Thomas	172		Bündnis 90 / Die Grünen	1974	9	M35	06:07,1
171		111	00:36:48	Harling, Jason	838			1998	33	MJugB	06:08,0
172	W	61	00:37:05	Hechtel, Sylvia	103		Rheurd läuft	1966	11	W40	06:10,8
173		112	00:37:09	Drüen, David Luis	110		Neukirchen-Vluyn	1997	34	MJugB	06:11,5
174	W	62	00:37:14	Kozlowski, Susanne	527		www.laufen-in-moers.de	1969	12	W40	06:12,3
175		113	00:37:16	Kahlert, Gerald	90		Duisburg	1965	20	M45	06:12,6
176		114	00:37:17	Kollasa, Christian	589		AS Neukirchen-Vluyn	1999	35	MJugB	06:12,8
177		115	00:37:17	Kollasa, Michael	590		AS Neukirchen-Vluyn	1971	10	M35	06:12,8
178	W	63	00:37:25	Mellen, Petra	84		Neukirchen-Vluyn	1959	5	W50	06:14,1
179	W	64	00:37:27	Krause, Nina	494		Sport-Club Phönix	1964	4	W45	06:14,5
180		116	00:37:32	Scharein, Sieghard	551		TV Ufort-Eick	1938	1	M70	06:15,3



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
181	W	65	00:37:33	Wallner, Heidi	549		TV Utfoot-Eick	1942	1	W65	06:15,5
182		117	00:37:37	Mimm, Tobias	98		SC Phönix	1997	36	MJugB	06:16,1
183	W	66	00:37:40	Tremmel Hensel, Elke	596		da simma dabei	1962	5	W45	06:16,6
184	W	67	00:37:43	Lux, Michaela	502		TTC Schaephuysen	1989	4	WHK	06:17,1
185	W	68	00:37:44	Weskamp, Andrea	290		AS Neukirchen-Vluyn	1961	6	W45	06:17,3
186	W	69	00:37:58	Pricken, Julia	497		Rheurdt	1977	6	W30	06:19,6
187		118	00:38:05	Gerlach, Stefan	647		Neukirchen-Vluyn	1965	21	M45	06:20,8
188		119	00:38:15	Blinten, Marcel	532		Laufftreff Condor	1994	37	MJugB	06:22,5
189		120	00:38:20	Kosmac, Robin	189		Moers	1977	3	M30	06:23,3
190	W	70	00:38:28	Eichhöfer, Margit	493		Neukirchen-Vluyn	1970	13	W40	06:24,6
191	W	71	00:38:28	Fenger, Susanne	568		Sparkasse am Niederrhein	1965	7	W45	06:24,6
192	W	72	00:38:30	Herzberg, Christine	928			1994	27	WJugB	06:25,0
193	W	73	00:38:30	Plaumann, Yvonne	191		Oberhausen	1979	7	W30	06:25,0
194		121	00:38:33	Klein, Ralf	488		Volksbank	1964	22	M45	06:25,5
195	W	74	00:38:38	Jonas, Bärbel	496		Rheurdt	1964	8	W45	06:26,3
196		122	00:38:47	Kersting, Jörg	397		Moerser TV 1850	1970	20	M40	06:27,8
197		123	00:38:49	Elia, Francesco	437		HTI Running Pipes	1983	8	MHK	06:28,1
198		124	00:38:52	Cermak, Peter	707		Moerser TV 1850	1956	9	M50	06:28,6
199	W	75	00:38:54	Honal, Jaqueline	440		HTI Running Pipes	1986	5	WHK	06:29,0
200	W	76	00:38:55	Exner, Katharina	749		Kamp-Lintfort	1987	6	WHK	06:29,1
201		125	00:39:02	Zils, Klaus	810		Alpen	1959	10	M50	06:30,3
202	W	77	00:39:06	Reimers, Helga	30		Neukirchen-Vluyn	1971	6	W35	06:31,0
203	W	78	00:39:07	Eichmann, Christina	880		Tus Lintorf	1953	4	W55	06:31,1
204	W	79	00:39:21	Hemmie, Heike	743		Neukirchen-Vluyn	1971	7	W35	06:33,5
205		126	00:39:21	Schulz, Martin	569		Sparkasse am Niederrhein	1940	2	M70	06:33,5
206	W	80	00:39:22	Schieder, Bettina	701		AS Neukirchen-Vluyn	1968	14	W40	06:33,6
207		127	00:39:35	Meis, Manfred	884		LAZ Mönchengladbach	1946	5	M60	06:35,8
208		128	00:39:37	Pabst, Lukas	536		Laufftreff Condor	1994	38	MJugB	06:36,1
209		129	00:39:44	Engels, Manfred	520		Kerken	1953	8	M55	06:37,3
210		130	00:39:44	Meyer, Markus	487		Volksbank	1980	4	M30	06:37,3
211	W	81	00:39:47	Louven, Dr. Hanna	842		VFL Repelen	1949	2	W60	06:37,8
212	W	82	00:39:51	Hechtel, Miriam	105		Rheurdt läuft	1998	28	WJugB	06:38,5
213		131	00:39:51	Hechtel, Florian	104		Rheurdt läuft	1995	39	MJugB	06:38,5
214	W	83	00:40:08	Friedrichs, Astrid	127		Duisburg	1970	15	W40	06:41,3
215	W	84	00:40:09	Herzberg, Theresia	682		Kamp-Lintfort	1961	9	W45	06:41,5
216	W	85	00:40:10	Wojtasik, Nicole	857			1971	8	W35	06:41,6
217	W	86	00:40:10	Schiebener, Eva	587		Duisburg	1982	7	WHK	06:41,6
218	W	87	00:40:12	Rams, Julia	347		Neukirchen-Vluyn	1984	8	WHK	06:42,0
219		132	00:40:12	Horn, Stefan	751		Tersteegen-Schule	1968	21	M40	06:42,0
220	W	88	00:40:12	Hoffmann, Ute	40		CVJM Neukirchen	1979	8	W30	06:42,0
221	W	89	00:40:18	Löser, Silke	89		Duisburg	1970	16	W40	06:43,0
222	W	90	00:40:19	Ballmann, Monja	60		Duisburg	1968	17	W40	06:43,1
223		133	00:40:19	Witt, Kay	56		Duisburg	1964	23	M45	06:43,1
224	W	91	00:40:22	Hoyer, Franziska	765		Neukirchen-Vluyn	1996	29	WJugB	06:43,6
225	W	92	00:40:23	Arnold, Rebecca	836		AS Neukirchen-Vluyn	1993	30	WJugB	06:43,8
226		134	00:40:23	Wimmershoff, Udo	818		Moers	1951	9	M55	06:43,8
227	W	93	00:40:44	Berkenfeld, Jutta	446		Neukirchen-Vluyn	1959	6	W50	06:47,3
228	W	94	00:40:49	Krauthoff, Kirsten	92		Oberhausen	1986	9	WHK	06:48,1
229	W	95	00:40:56	Schöneich, Annabell	830			1971	9	W35	06:49,3
230	W	96	00:41:01	Jordan, Monika	919			1956	7	W50	06:50,1
231		135	00:41:16	Jakob, Marco	519		AS Neukirchen-Vluyn	1997	40	MJugB	06:52,6
232		136	00:41:39	Ullein, Rolf	918		Moerser TV	1955	10	M55	06:56,5
233		137	00:41:59	Leihe, Rico	627		Bühne 69	1984	9	MHK	06:59,8
234		138	00:41:59	Stieffenhofer, Andreas	626		bühne 69	1966	22	M40	06:59,8
235		139	00:42:00	Koschare, Christian	675		Bühne 69	1969	23	M40	07:00,0
236		140	00:42:54	Bossert, Hans	829			1961	24	M45	07:09,0
237	W	97	00:43:47	Adler, Sina	803		Neukirchen-Vluyn	2001	31	WJugB	07:17,8
238	W	98	00:47:59	Flor, Katrin	438		HTI Running Pipes	1985	10	WHK	07:59,8
239	W	99	00:48:57	Koberwitz, Melanie	85		Neukirchen-Vluyn	1990	11	WHK	08:09,5
240	W	100	00:48:58	van Koeverden, Antje	859			1987	12	WHK	08:09,6



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
241	W	101	00:51:13	Rosenbaum, Marlies	800		Aktive Gesundheitspartner	1955	5	W55	08:32,1
242	W	102	00:58:07	Tersteegen, Brigitte	174		Bündnis 90 / Die Grünen	1959	8	W50	09:41,1